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Would you like to meet other parents and share your experiences?

Do you feel like no one understands what you are going through?

Would you like to find ways to get through the difficult times?

Are you having challenging situations with your child and you aren't sure what to do?

PLEASE JOIN US FOR OUR
PARENT SUPPORT GROUP

Thursdays 11:30 a.m. to 12:30 p.m. – Feel free to drop-in

Beginning May 29th

A group focused on parenting where you can connect with other parents, share stories and receive support and understanding.

Among the topics that can be discussed are sleeping difficulties, handling anger constructively, toileting, getting along with peers, adjusting to new situations, dealing with conflicts and helping your child cooperate both at home and school.

If interested or you want more information, please contact:

Simona Bommarito at 847.480.8890, ext. 29 or 312.927.0049